



# GET READY FOR MIDSEASON CHEER!

**PREPARATORY CLASS DESIGNED TO TEACH FUNDAMENTALS. MOTIONS, JUMPS, STUNTING & CHOREOGRAPHY**

## **Cheer Prep Class Ages 5-8**

Wednesday's 6:30-7:15 August 21-September 25.

Cost \$90 for current members, \$115 for non members.



## **Cheer Prep Class Ages 9-11, 12-18**

Tuesdays 7:00-8:00. August 20-September 24.

Cost \$100 for current members, \$125 for non members.

## **About Midseason Cheer Teams:**

- October - March
- Practice on Sundays for 2 hours
- Low cost, No travel
- 3 local competitions (Jan-Mar)
- Registration opens September 16th
- Informational Packets coming soon!
- No tryout for Level 1 Teams
- **New this year Level 2.2 Prep**



Our Midseason program is great for athletes who want to get started in cheer or for those that can't commit to full season cheer.

We will be offering Level 1.1 beginner teams for ages 5-8 and ages 9-18. We are aiming to form a Level 2.2 Prep team for athletes ages 9-18. An official evaluation for those interested in joining the Level 2.2 team will be held September 22nd from 3-4.



Learn from experienced coaches, set goals, & make cheer your sport! Come be a part of the NorCal family!

Space is limited. Reserve your spot now! For more Information, please call (925) 838-3159 or email [norcalelitesr@gmail.com](mailto:norcalelitesr@gmail.com)